

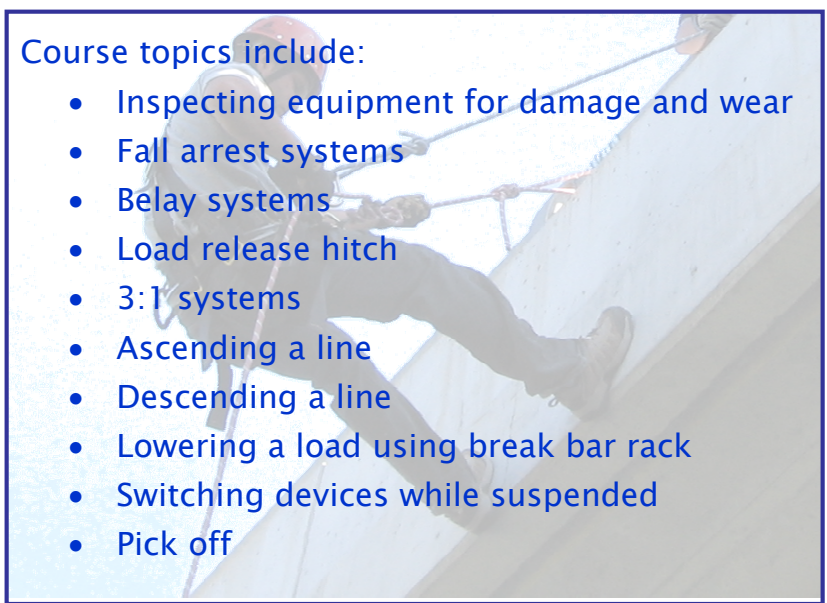
HIGH ANGLE RESCUE AWARENESS

COURSE OUTLINE

Specifically designed for emergency services professionals, the high angle rescue technique workshop will introduce the student rescuer to the fundamental safety principles of working with heights. The student rescuer will learn the about the equipment, basic rope skills, and gain valuable hands on experience performing these skills in a mentored environment. Student rescuers will exit this workshop with a solid foundation to build on, well preparing them to pursue technician certification.

Course topics include:

- Inspecting equipment for damage and wear
- Fall arrest systems
- Belay systems
- Load release hitch
- 3:1 systems
- Ascending a line
- Descending a line
- Lowering a load using break bar rack
- Switching devices while suspended
- Pick off



In this 16 hour workshop student rescuers will be exposed to various team building exercises including live scenarios over rugged terrain, requiring problem solving and patient care skills.

Pre-Requisites	FRO's High Angle Rescue Intro workshop
Course Length	14 hours
Required equipment	CSA approved helmet and safety boots, and utility gloves
Instructor	Experienced High Angle Rescue Professional and Paramedic
Completion criteria	100% attendance, demonstrated proficiency on all course topics
Certification	High Angle Rescue Techniques Awareness certificate

To register for this course or to learn more about our other courses offered call **1.866.FRO.EMS.1** or visit us on the web at froems.com/training.html



FRO Training and Development is a division of First Response Ontario.